

3 – 4 sessions < 3 hours each	
Target Audience	Individuals across a range of sectors, for example, people looking to move into employment, get a new job, secure promotion, enhance current job satisfaction or make better use of leisure time.
Skillnet Content	<ul style="list-style-type: none"> <li>• Creativity Profile Quiz (15 mins)</li> <li>• Creative Thinking 1 (30 mins)               <ul style="list-style-type: none"> <li>○ Reversal thinking</li> <li>○ Lateral thinking</li> </ul> </li> <li>• Creative Thinking 2 (30 mins)               <ul style="list-style-type: none"> <li>○ Six thinking hats</li> <li>○ Journalistic six</li> </ul> </li> <li>• Creative Techniques (30 mins)               <ul style="list-style-type: none"> <li>○ Mindmapping</li> <li>○ Brainstorming</li> </ul> </li> </ul>
Additional Materials	<p>The following resources are available on the lds4centres web site:</p> <ul style="list-style-type: none"> <li>• Tutor Guides with additional exercises:               <ul style="list-style-type: none"> <li>○ Creativity Profile Quiz</li> <li>○ Creative Thinking 1</li> <li>○ Creative Thinking 2</li> <li>○ Creative Techniques</li> <li>○ Generating Ideas</li> <li>○ Dreams and Goals</li> <li>○ Creativity Tutor Guide</li> </ul> </li> </ul>
Session 1	<p>Introduction to the Learning Centre            Overview of the Creativity Taster            Skillnet Induction</p> <ul style="list-style-type: none"> <li>• Creativity Profile Quiz</li> <li>• Creative Thinking 1               <ul style="list-style-type: none"> <li>○ Reversal thinking</li> </ul> </li> </ul>
Activity 1	<i>Additional Exercises: Reversal thinking</i>
Session 2	<ul style="list-style-type: none"> <li>• Creative Thinking 1               <ul style="list-style-type: none"> <li>○ Lateral thinking</li> </ul> </li> <li>• Creative Thinking 2               <ul style="list-style-type: none"> <li>○ Six thinking hats</li> </ul> </li> </ul>
Activity 2	<i>Additional Exercises: Lateral thinking and Six thinking hats</i>
Session 3	<ul style="list-style-type: none"> <li>• Creative Thinking 2               <ul style="list-style-type: none"> <li>○ Journalistic six</li> </ul> </li> <li>• Creative Techniques               <ul style="list-style-type: none"> <li>○ Mindmapping</li> </ul> </li> </ul>
Activity 3	<i>Additional Exercises: Journalistic six and Mindmapping</i>
Session 4	<ul style="list-style-type: none"> <li>• Creative Techniques               <ul style="list-style-type: none"> <li>○ Brainstorming</li> </ul> </li> <li>• Generating ideas</li> <li>• Dreams and goals</li> </ul>
Activity 4	<i>Additional Exercises: Brainstorming, Generating Ideas and Dreams and Goals</i>
Next steps	Offer learning opportunities that build on the skills developed in this Taster